

APRIL 2024 NEWSLETTER

CASA for Children of Klamath County

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A NOTE FROM OUR DIRECTOR

Happy April!

Bring on the sunshine and warmer weather. I don't know about you, but I always feel better when the sun shines.

April is Volunteer Recognition Month and what would we be without all of you and your endless commitment to the children we serve? You truly are the heart of CASA and our mission thrives because of your dedication. Thank you for making our work possible! We hope you'll join us for a luncheon celebration of YOU on Tuesday, April 23rd. More details to come.

April is also Month of Hope. We've attached a flyer for the annual Day of Hope Rally at the Ross Ragland Theater from 12:00pm-1:00pm on Wednesday, April 3rd. We hope to see you there!

We're including a list of volunteering benefits that we've used before but we think is helpful to revisit every now and then. We've also included an article on the perks of volunteering your time and in short... it's good for you!

We would love your help to grow our advocate family. Know anyone interested in becoming a CASA? Send them our way! We have been getting a lot of interest online for trainings, but word of mouth and referrals have always been our number one recruitment tool.

Please join us in welcoming our newest CASA, Aja Phelps! We are so excited she has joined us.

In other exciting news, the CASAblanca Gala was just voted Best Fundraising Event in the Basin! We want to thank you all for voting for and supporting CASAblanca. You help make it the best fundraising event in town! This year marks our 6th year. The Gala will be held at the Klamath County Fairgrounds on Saturday, May 4th. If you are interested, we still have a few tickets available. There are a ton of opportunities to volunteer too if you'd like to lend a hand.

I hope to see you on the 23rd or in the office as we prepare for CASAblanca!

Warmly,

CASA BOARD OF DIRECTORS

Jeanette Rutherford, *Chair*

Jay Otero, *Vice Chair*

Pat Baldini, *Treasurer*

Brittany Montjoy, *Secretary*

Dan Bunch, *Judicial Liaison*

John Adkisson, *CASA Liaison*

Andrea Jensen

Noel Kersey

Doug McInnis

Justin Rodriguez



CASA

Court Appointed Special Advocates
FOR CHILDREN

CASA FOR CHILDREN OF KLAMATH COUNTY



WELCOME: Aja Phelps



We are so excited to announce the swearing-in of Aja Phelps! Aja is a Medical Assistant at Sky Lakes Medical Center and will bring a unique healthcare perspective to her advocacy. Thank you for choosing CASA and the kids we serve. Welcome to the team!

THE 6TH ANNUAL
CASABLANCA
GALA

MAY
4
2024



BENEFITS OF VOLUNTEERING

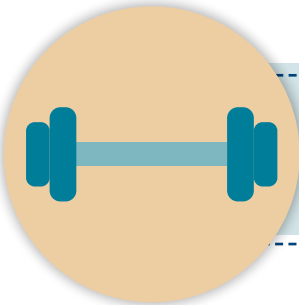
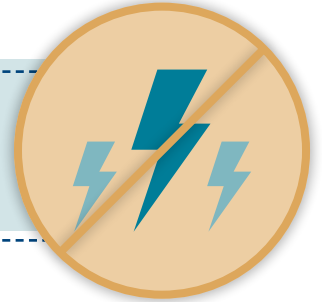


DECREASED RISK OF DEPRESSION

Newly retired? You're in luck! Volunteering has been associated with decreased depression levels, especially in those aged 65 and older.

CAN REDUCE STRESS

By increasing your social circle and spending time in service to others, you can reduce stress and decrease your overall risk of disease.

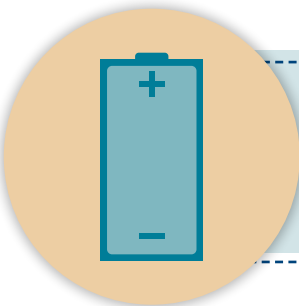


STAY PHYSICALLY & MENTALLY ACTIVE

Studies show an increase in physical and mental health for those who are over the age of 60 and actively volunteering.

MEET NEW PEOPLE

Participating in a shared activity can help you meet new people with similar interests.



CAN HELP YOU LIVE LONGER

Volunteering is good for your health! Studies have shown that people who volunteer actually have lower mortality rates than their non-volunteering counterparts.

SENSE OF PURPOSE & NEW SKILLS

The work volunteers provide, from spending time with children to volunteering at hospitals, is essential and helps give them a sense of purpose.





APRIL 3

ROSS RAGLAND THEATER

NOON-1PM

**DAY OF
HOPE
RALLY**

CELEBRATING CHILD ABUSE PREVENTION MONTH

 #SPEAKUPFORKLAMATHKIDS

More info: Marci Bryant, 541-850-3469

2024 CASA Pre-Service Training

All training takes place online from
5:30PM - 8:00PM PST.



May Schedule

5/7	Chapter 1	Volunteer Role, Competencies, Parameters, Child Welfare Law/System
5/9	Chapter 2	Children's Needs, Attachment, MSL, Best Interest, Abuse and Neglect
5/14	Chapter 2.5	ACES, Communication, Interview, Effective Recommendations
5/16	Chapter 4	Mental Illness, Poverty, Confidentiality, Case Notes
5/21	Chapter 5	Substance Abuse, Culture, Diversity
5/23	Chapter 6	Domestic Violence, Culture and Perceptions, Advocacy
5/28	Chapter 7	Resilience, Concurrent Planning, Educational Challenges, Advocacy Across Ages, LGBTQ Youth
5/30	Chapter 8	Review, Local Documents, Panel of Volunteers, Support

Note: Training dates that land on holidays will be offered as independent study or makeup.

In addition to the virtual classroom sessions and some work on your own, prior to case assignment, you will need to have at least 3 court hearing observations and tour the DHS Office.

Virtual Hours: 20
Pre-Work Hours: 10

Dana Thompson

Outreach & Operations Coordinator
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CASA

Court Appointed Special Advocates
FOR CHILDREN

CASA FOR CHILDREN OF KLAMATH COUNTY



541.885.6017



klamathfallscasa.org



Klamath Falls CASA

EDUCATIONAL RESOURCES

Resources for Kids

- *We Wonder - Keeping My Body Safe!*
Appropriate for Ages 4-5
- *Know What? Your Body Is Yours!*
Appropriate for Ages 6-8
- *Who Knew? The Keep Your Body Safe Issue*
Appropriate for Ages 9-11

Articles

- *For Happiness And Career Growth, Consider The Power Of Volunteering**
By Tracy Brower, PhD, Forbes

*Clickable Link

Please remember to track your educational hours on Optima.



541.885.6017

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IMPORTANT DATES

April

- Child Abuse Prevention Month
- Sexual Assault Awareness Month
- Month of Hope
- 4/21-4/27 Crime Victims' Rights Week
- Volunteer Recognition Week
- 4/2 World Autism Awareness Day
- 4/3 Day of Hope Rally @ Ross Ragland
- 4/20 Volunteer Recognition Day
- Earth Day
- Passover
- 4/23 Volunteer Appreciation Luncheon

May

- 5/4 CASAblanca Gala
- 5/7 Spring Advocate Training Begins

APRIL BIRTHDAYS

- 4/6 Kami Mirande
- 4/24 Nicole McDougal
- 4/26 Jeanette Rutherford

