MARCH 2024 NEWSLETTER

CASA for Children of Klamath County





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A NOTE FROM OUR DIRECTOR

Happy Spring!

Typical Klamath weather. Right when I thought that spring was just around the corner, it looks like we'll be getting snow and high winds this weekend so bundle up!

As you may know, we have been busy gearing up for CASAblanca. It appears that our date change is not affecting turn out because we are already almost sold out! If you have any ideas for silent auction items or know someone willing to donate, please let us know. And if you're interested in volunteering your time closer to the event, please give us a call. We could use all the hands possible!

Exciting news: we have been nominated for the Herald and News Best in the Basin's Best Fundraiser and the winners should be announced in a few weeks. We are excited to bring some awareness to the imperative work you all do for the children of Klamath County.

Over the next few months, we are hoping to launch some new outreach strategies. We're always looking for new and creative ideas, so please let us know if you have any suggestions. We would love to increase our advocate pool, so please continue to spread the word about CASA.

We are busy putting together a list of spring break activities for your CASA kiddos, so stay tuned for that. We will also have one for summer camps in a few months.

We're including a list of workshops by Ce Eshelman. We hope you'll take a minute to check them out along with the other continued education resources.

We hope to start seeing more of you in the office as the weather improves. We so appreciate all that you do for our program and the children we serve!

Warmly,



Kam Mirandé

Ce Eshelman's Schedule of Classes through June 2024!



Register for all classes here!

https://www.surveymonkey.com/r/CE_2023-2024

For registration assistance by phone, call 530.918.7222.



A Schedule of Classes

with

Ce Eshelman, LMFT

Attachment and Trauma Specialist and adoptive mom with a private practice, The Attach Place, in Sacramento. She is the facilitator of The Love Matters Parenting Society, an online annual membership for becoming great therapeutic parents while thriving at the same time. ce@attachplace.com

August 2023 to June 2024

These classes are for parents, educators, caregivers, and all who work with and have children in their lives.

Date All classes are on the 1st Wednesday (except Jan 10th) from 2:45-5:00pm	Class Title
August 2 nd	Back to School Anxiety — Tackle the Anxiety Traps
September 6 th	Helping Kids Crush Anxiety: Bringing Sunshine to Dark Corners
October 4 th	Parents — Tame Your Triggers — Part 1
November 1 st	Parents — Tame Your Triggers — Part 2
December 6 th	The Healing Art of Showing Up— for Your Children, Yourself, and others
*January 10 th	Supporting Neurodiverse Children and Youth (Challenging Behaviors) – Part 1
February 7 th	Supporting Neurodiverse Children and Youth (Challenging Behaviors) – Part 2
March 6 th	Stop Yelling 101
April 3 rd	Advanced Stop Yelling 201
May 1 st	Girls and Boys on the Edge — Part 1
June 5 th	Girls and Boys on the Edge — Part 2
Date Evening Classes with Ce All 2 nd Tuesday from 6:15-7:30pm	Class Title
September 12 th	Life's Challenges Through the Eyes of A Child
October 9 th November 14 th December 12 th January 9 th February 13 th	Teen Whisperer series for Parents of Teens

These partners are working together to bring these high-quality educational opportunities to participants at no cost.





March 12th















BUY TICKETS HERE: klamathfallscasa.org

























EDUCATIONAL RESOURCES

Workshops

- <u>Stop Yelling 101*</u>
 Ce Eshelman, LMFT
- The Science and Practice of Co-Regulation*
 Jennie Ehleringer M. Ed, CYT
- <u>Building Bridges of Understanding</u>
 Gender, Sexuality and LGBTQ+ Identities*

 Sara McNinch, Oregon Family Support Network

Articles

Lawmakers Push Bill to Close Loophole
 Hurting Vulnerable Foster Kids*

 By Lynne Terry, Oregon Capital Chronicle

*Clickable Link

Please remember to track your educational hours on Optima.



541.885.6017 klamathfallscasa.org



IMPORTANT DATES

March

- · Women's History Month
- Social Worker Appreciation Month
- Nutrition Awareness Month
- 3/6 Stop Yelling 101*
- 3/8 International Women's Day
- 3/10 Daylight Savings Time
- 3/13 The Science and Practice of Co-Regulation*
- 3/17 St. Patrick's Day
- 3/20 <u>Building Bridges of Understanding</u> <u>Gender, Sexuality and LGBTQ+ Identities*</u>
- 3/31 **Easter**

May

5/4 CASAblanca Gala

MARCH BIRTHDAYS

- 3/2 Justin Rodriguez
- 3/8 Julie Levine
- 3/25 Karri Mirande
- 3/29 Debi Clark

